

## Program Facilitators



**Dr. Nancy Alvarez &  
Dr. Michael Negrete**

### **Dr. Nancy Alvarez, PharmD, BCPS, FAPhA**

Dr. Alvarez is Associate Dean for Academic and Professional Affairs at the University of Arizona College of Pharmacy – Phoenix Campus and Associate Professor, Pharmacy Practice and Science. She has held a variety of roles in community-based pharmacy, hospice and palliative care, and pharmaceutical industry practice. She is a former president of the American Pharmacists Association and Phi Lambda Sigma Leadership Society. She is a director of the Pharmacy Leadership & Education Institute and has served as a co-director for the California Pharmacist Association's Leader Development Institute since its inception in 2013. She is the 2020 recipient of the Gloria Niemeyer Franke Leadership Mentor Award.

### **Dr. Michael Negrete, PharmD**

Dr. Negrete is an Assistant Vice President of Academic Affairs at Samuel Merritt University, where he collaborates with stakeholders across the Academic Division on strategic planning, interprofessional education, team training and community engagement. Dr. Negrete also serves on the Board of Directors for the Pharmacy Leadership & Education Institute where he helps write leadership textbooks and develops/delivers leader development workshops for state and national pharmacy organizations. Previously, Dr. Negrete spent 12 years on the staff of the California Pharmacists Association (2001-2013) serving in a variety of executive roles. Michael received the Prescott Pharmacy Leadership Award in 2006 and led the effort for the Leader-Development Institute offered by CPhA and APhA's Lead360 leadership curriculum.

## Accreditation Statement



The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This *application-based activity* is accredited for a total of **6 live contact hours (0.6 CEUs)** for pharmacists and pharmacy technicians (ACPE UAN 0062-9999-21-001-L04-P, 0062-9999-21-001-L04-T). To claim credit, participants must register for the event, have their attendance at the live event verified, participate in all learning activities, and complete all learning assessments during the activity. Participants must attend the entire activity to claim credit: no partial credit will be issued. Participants must complete an online evaluation within 30 days (providing their correct NABP e-Profile ID and month/day of birth) in order to ensure credit is reported to the NABP CPE Monitor. The CPE Monitor will automatically reject all credit claimed and reported greater than 60 days from the date of the live program.

Please visit <http://cop.sc.learningexpressce.com> to contact the CPE provider with any questions regarding CPE credit.



**January 30, 2021  
10:00 am – 5:00 pm  
EST on Zoom**

## **The Leader Within**

**Facilitated by:  
Dr. Nancy Alvarez  
&  
Dr. Michael  
Negrete**



**PHI LAMBDA SIGMA**  
PHARMACY LEADERSHIP SOCIETY  
**19<sup>th</sup> Annual Leadership Conference**  
Hosted By:  
Beta Chi Chapter  
Phi Lambda Sigma Leadership Society  
Medical University of South Carolina

## Program Overview

This interactive, virtual workshop is uniquely designed to help participants discover and unleash their inner leader. Through expert-led introspective experience, attendees will explore their personal values, interests, strengths and needs, and learn how to integrate and align their “whole-selves” to effectively lead within and beyond.

This program can deliver breakthrough results to anyone with a growth mindset, including those who are:

- Seeking to be a more effective leader in their current position
- Just starting their career
- Feeling “stuck”
- Seeking more job satisfaction
- Looking to change career paths or re-enter the job market

## Program Agenda

10:00 am – 10:10 am

- Check-In, Welcome, Introductions, Agenda Review

10:10 am – 11:25 am

- Module 1: What Makes a Leader

11:30 am – 12:30 pm

- Module 2: Strengths

12:30 pm – 1:00 pm

- LUNCH

1:00 pm – 1:55 pm

- Module 3: Interests

2:00 pm – 2:55 pm

- Module 4: Values

3:10 pm – 4:00 pm

- Module 5: Needs

4:05 pm – 4:55 pm

- Module 6: Integration & Alignment

4:55 pm – 5:00 pm

- Wrap-Up

## Learning Objectives

At completion of this program, participants will be able to:

1. List the five themes of the PLEI Leadership framework
2. Describe the themes of curiosity, integrity, and “responsibility” and the importance of their application throughout the workshop
3. List the four domains of a “whole person” and describe how they can be applied to enhance team engagement, empower others, and improve organizational performance
4. Explain how the integration and alignment of one’s Values, Interests, Strengths and Needs (VISN) can promote perseverance and passion for long-term goals (grit), and serve as the bases for PLEI’s “Leader Within” curriculum
5. List your unique combination of top strengths
6. Describe the value of opportunities that allow an individual to leverage their strengths to make their unique contribution to the world and foster a sense of self-worth
7. Discuss key considerations in deciding when to invest time and energy into leveraging strengths vs. improving weaknesses
8. Apply the perspective of a “curious learner” (vs. a “judgmental knower”) when working with individuals whose strengths are different from your own
9. Compare and contrast the importance of well-rounded leaders vs. leadership teams
10. List the benefits of investing time and energy in activities which elicit personal joy
11. Identify common reasons individuals pursue activities that do NOT elicit joy
12. Describe the potential costs of a strictly goal-driven approach to life
13. Apply the three factors of the “ACE test” to identify current pursuits that meet the criteria of “authentic interests”
14. Describe the inadequacy of a life which only involves pursuits that leverage one’s strengths and serves one’s interests
15. Generate a list of values which, when honored, deliver a sense of personal meaning and purpose
16. Distinguish a personal cause from a personal calling
17. Apply the mindset of a “response-able player” in discussing where you choose to spend your time and energy
18. List the basic human needs which are most often sacrificed in modern society
19. Discuss the costs of such sacrifices on individuals and others
20. Identify the needs they most often struggle to meet
21. Apply the principle of intrapersonal integrity in discussing which personal needs you tend to sacrifice and why
22. Create a personal VISN radar chart
23. Apply a mindset of self-compassion while utilizing the chart’s results to foster self-awareness and assess the “workability” of your current situation
24. Apply the principles of acceptance and conscious choice in determining whether or not to make changes to their current situation
25. Use human-centered design principles to chart a new path forward (if necessary)

## Payment

Health Professional Student	\$30
Pharmacy Technician	\$45
Resident	\$45
Other (University Staff, Non-Healthcare Professional, etc.)	\$45
Health Professional	\$60

Payment Online (PayPal or Venmo): See QR Code

Registration Deadline:

**Sunday, January 24, 2021 @ 11:55 PM**

No refunds available after this deadline

For questions, please contact:  
Dr. Cathy Worrall: [worrallc@musc.edu](mailto:worrallc@musc.edu)  
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Sarah Wyatt: [wyatts@musc.edu](mailto:wyatts@musc.edu)

For more details and to register for the event, please visit:

<https://plsleadershipconference.eventsmart.com/>

Or scan QR Code with mobile camera and follow the link at the top of your device.



SCAN ME